

# Mottishaw Construction Safety Training Limited

**Title :** IOSH 2 Day Planning for Health and Safety in Construction

**Aim :** To provide delegates with an understanding of :-

- Responsibilities of individuals
- The Safety Management System
- The legal, moral and financial reasons for good health and safety standards and which issues need to be considered before a project starts.
- Understanding the reasons for Risk Assessment Method Statement / Task Sheets.
- Hazard identification and how to respond.

**Objectives :** By the end of the training, delegates will :-

- Have an understanding of individuals responsibilities in Health and Safety
- Have an understanding of the Company Safety Management System
- Have an understanding on how good and bad planning have an impact on a project.
- Have an understanding of the most relevant construction health and safety legislation.
- Be aware of their responsibilities for health and safety and the role of the HSE.
- Appreciate the growing importance the Company attaches to health and safety through Risk Assessment method Statement / Task Sheets.
- Be able to identify Hazards and take the appropriate action.

**Duration :** 2 Day

**Timing :** 09.00 – 16.00 inclusive of break periods

**Delegates :** Contracts Managers, Surveyors, Planners, Managers

**Tutors :** Safety Trainer

**Delegate / Tutor Ratio :** Max 20:1

**Evaluation :** Through a combination of :-

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- Delegate input and discussion during the course
- Project work throughout the course
- Formal question period at end of course
- Exam
- Project

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## COURSE PROGRAMME

**Course Title :** IOSH 2 Day Planning for Health and Safety in Construction **Day 1**

	Duration	Subject	Tutor
09.00	5 mins.	Introduction	Safety Trainer
09.05	85 mins.	Legislation Discuss pre-course work Company Policy Match legislation to company Policy exercise	Safety Trainer
10.30	15 mins	Break Period	
10.45	105 mins.	CDM <ul style="list-style-type: none"> <li>▪ Corn exchange exercise description</li> <li>▪ As a client what pre-tender information would you expect to receive from the client</li> <li>▪ Issue contents page of pre-tender plan (handout)</li> <li>▪ Who would provide this information (discussion)</li> <li>▪ List the H&amp;S provisions which would need to be included in the contract price (prelims)</li> <li>▪ Develop a risk register</li> <li>▪ How would the risks be identified and communicated</li> <li>▪ How would you ensure contractors developed quality Risk assessments Method Statements &amp; Permits to Works</li> </ul>	Safety Trainer
12.30	30 mins	Lunch	
13.00	60 mins	Temporary Works <ul style="list-style-type: none"> <li>▪ Company procedures (handout)</li> <li>▪ Identifying Temp Works on the Corn exchange exercise</li> </ul>	Safety Trainer
14.00	60 mins	Protecting the Public General issues and in association with the Corn exchange	Safety Trainer
15.00	15 mins	Break Period	
15.15	75 mins	Asbestos <ul style="list-style-type: none"> <li>▪ Managing Asbestos</li> <li>▪ Licensing regs (handout)</li> </ul> Demolition	Safety Trainer
16.30		Close	

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## COURSE PROGRAMME

**Course Title :** IOSH 2 Day Planning for Health and Safety in Construction **Day 2**

	<b>Duration</b>	<b>Subject</b>	<b>Tutor</b>
09.00	10 mins.	Review Day1	Safety Trainer
09.10	95 mins.	Working at Height <ul style="list-style-type: none"> <li>▪ HSE Guidance (handout)</li> <li>▪ What and How will this affect work in general and on the Corn exchange project</li> </ul>	Safety Trainer
10.45	15 mins	Break Period	
11.00	90 mins.	Lifting Operations <ul style="list-style-type: none"> <li>▪ Managing Lifting</li> <li>▪ Hired</li> <li>▪ Fully subcontracted</li> </ul>	Safety Trainer
12.30	30 mins	Lunch	
13.00	45 mins	Confined Spaces Health issues <ul style="list-style-type: none"> <li>▪ Manual Handling</li> <li>▪ VWF</li> <li>▪ COSHH</li> </ul>	Safety Trainer
13.45	45 mins	Scaffolding – Tube and Fitting/Mobile Tower	Safety Trainer
14.30	15 mins	Break Period	
14.45	35 mins	Fire Procedures <ul style="list-style-type: none"> <li>▪ Evacuation</li> </ul>	Safety Trainer
15.20	35 mins	Accident / Incident investigation and reporting	
15.55	25 mins	Question Paper	
16.20	10 mins	Review/Close	

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